After completing this worksheet please return it to your county office or complete your registration in 4honline. If you have any questions about the registration process please contact your county office. COMPLETING THIS WORKSHEET DOES NOT COMPLETE YOUR REGISTRATION FOR REC LAB.

Name: ________________________________ County:_________________________________
Phone: ___________________________ Email: _______________________________________

YOUTH ONLY: Chaperone Name:  _________________________________________________
Chaperone County if different than your own: __________________________________________

LODGING
Participants will be housed at the Hobson Public School and should bring: sleeping bag, air mattress or sleeping pad, towel and other personal items. If you do not wish to stay at the school you will be responsible for making your own lodging arrangements at your own cost. YOUTH MUST BE ACCOMPANIED BY AN ADULT CHAPERONE

T-SHIRT
Participants will receive a t-shirt with registration. Please select your preferred size.

- □ Small
- □ Medium
- □ Large
- □ X-Large
- □ 2X-Large

ADDITIONAL INFORMATION
Request accommodations or inform us of special dietary or other needs:

- □ Vegetarian
- □ Gluten Free
- □ Other Food Allergies, please specify: ___________________________________________
- □ Latex or Other Serious Allergies, please specify: __________________________________

Anything else we need to know:

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If you need to request any disability accommodations or any other needs, please contact Fergus County Extension Office prior to the event (406) 535-3919 or email Fergus4h@montana.edu
WORKSHOPS SELECTION

Workshops will take place Saturday, April 25. Please indicate your first (1) and second (2) choice workshop for each session. Review the workshop descriptions before selecting your preferences.

► SESSION 1: Please indicate your first (1) and second (2) choice.

________ Zumba Fitness
________ Range Science
________ WeConnect Culture
________ "Eyes" Breakers
________ Bright Side to Parli Pro

________ Let’s Manage Stress – This is a two hour workshop. If choosing this workshop choose the same workshop in session 2.

► SESSION 2: Please indicate your first (1) and second (2) choice.

________ Why Not Break Free
________ Everything you Wanted to Know About the 4-H International Programs
________ First Aid Kit for Animals ($10 supply fee)
________ Creating Confident Cloverbuds
________ 4-H Weather & Climate Youth Learning Lab

________ Let’s Manage Stress – This is a 2 hour workshop. ONLY choose this workshop if you chose it in Session 1.

► SESSION 3:

The following two workshops are approximately 3 hours and are offsite and require travel. Estimated arrival return time is 4:30 pm. Also choose in session 4.

________ Get Outside and Explore (transportation provided)
________ Archery (Stanford Rod and Gun Club, Judith Basin Co Fairgrounds)

1 hour workshop. Please indicate your first (1) and second (2) choice.

________ Emotional Trauma and Healing
________ Renewable Energy
________ Opportunities for Your Rabbit Business
________ Ages and Stages
________ Pros of Parli Pro
________ How to Develop and Present a Workshop
SESSION 4: Please indicate your first (1) and second (2) choice.

These are 3 hour workshops. ONLY choose if you chose it in Session 3.

________ Get Outside and Explore (transportation provided)
________ Archery (Stanford Rod and Gun Club, Judith Basin Co Fairgrounds)

The following four workshops are 2-hour sessions. If choosing any of these workshops, do not choose a workshop in Session 5.

________ Create a Future You Love
________ Beginning Felting ($8 supply fee)
________ Zipper Bag Zing! ($5 supply fee)
________ Extreme Teambuilding
________ Intro to Modern Square Dancing
________ Leadership from a Military Perspective

The following workshops are 1-hour sessions. If choosing any of these workshops, you will also need to choose your first (1) and second (2) choices in Session 5.

________ 4-H Stem Lab Activities ($5 supply fee)
________ Looking Into the Future
________ Zentangle
________ Make a State Award Part of Your Future

SESSION 5: Please indicate your first (1) and second (2) choice.

________ Montana Cookie Farm
________ Impromptu Comedy/“What’s My Line”
________ Swinging in the 20’s
________ Youth Entrepreneurs

4-H Talent Show

There will be a talent show on Saturday during rec lab. Please check the box below if you would like to be considered for the talent show. Talents need to be 4-H appropriate and under 5 minutes.

_____ Yes, I would like to showcase my talent at rec Lab. Please describe your talent below.