

Montana 4-H Leadership Forum Pre-Conference Workshops Friday September 28, 2018

There is a \$15 for each pre-conference workshop, which includes all materials and lunch.
Both workshops will be held at the Beaverhead County Courthouse.

Leaders' College II is an interactive, fun, educational, and provides networking opportunities for the participants. We will explore the following topics:

1. Essential Program Elements Review
2. Status and Power
3. Youth/Adult Partnerships
4. Leadership Styles
5. Vibrant Youth Groups
6. Communication and Relationships
7. 4-H Recognition Model

With a deeper understanding of these topics, participants will be even better prepared for their roles as 4-H Volunteer leaders.

America Red Cross First Aid & CPR/AED (Limited to 10 participants): This class is for all adults involved in 4-H and a great opportunity to either become certified or brush up on your skills.

ARC Certification provided free of charge.

This course teaches you real, lifesaving skills, in accordance with The American Red Cross (ARC) curriculum. The (ARC) CPR/AED for Adult Patients course focuses on proper adult CPR, for cardiac emergencies, paired with AED use and proper life-saving skills for choking patients

In the second half you will learn to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies, in accordance with The ARC curriculum.

At the conclusion of the course you will be able to:

- Identify an emergency situation
- Initiate the Emergency Medical System
- Assess an Injured individual
- Provide Basic First Aid Care
- Provide CPR
- Use an AED safely and properly

